

Lose the Weight

And learn to Keep it off forever!

Featured On:



TSFL Optimal Health Program Chapel Hill, NC-Thursday, January 5th

Join weight loss experts *Adrienne and Paul Gibilisco* for an informative and eye opening lecture that will provide you with the **SECRET** to safe, inexpensive and rapid weight loss along with a free Health Coach to make sure you never gain it back! No meetings, no drugs or stimulants, **JUST RESULTS!**

When: Thursday, January 5th, 2012

6:45 PM

Registration

7:00 PM - 7:45 PM

TSFL Program Presentation

Hosted By
Paul and Adrienne
Gibilisco

Where:

**Chapel Hill
Chamber of
Commerce**
104 South Estes Drive
Chapel Hill, NC, 27514



We lost 85 pounds!*

*The success story represented in this advertisement is a Health Coach for Take Shape For Life®, a Medifast® support program. A Health Coach is not a substitute for a physician or qualified medical practitioner for monitoring those using Medifast Meals. Consult your physician before starting a weight-loss program.



Details and Program Overview

Take Shape for Life Program Presentation 7:00 PM - Presented by **Adrienne and Paul Gibilisco, Certified Health Coaches and Regional Directors** with Take Shape For Life.

Join us and invited guests to learn about our Take Shape For Life Optimal Health Program that provides a time-tested solution for the country's biggest challenge: Weight Loss! Take Shape For Life is the professional support division for its parent company, MediFast. MediFast has been the leading manufacturer of Portion Controlled Meal Replacements for over 30 years. The intelligence of the product lies in the fact that every one of the 80-plus meal replacements contains the perfect macro nutrient footprint providing our clients with a low-glycemic, perfectly balanced solution to safe and rapid weight loss. All clients receive a personal, dedicated TSFL health coach at no charge. The TSFL health coach is the secret to the success of the client losing the weight and learning how to gain control and keep it off. Paul and Adrienne will provide you with all you need to know so that you may decide if TSFL is the right fit for you.

